Summer has arrived and for many, no has the heat. High temperatures and high humidity are common and create the perfect setting for water-borne illnesses. This is not only hard on our gardens but also our health. Fortunately, there are ways to help plants thrive despite stressful growing conditions. Adequate ventilation is critical on the weather conditions and plant’s performance level and your gardening goals. Encourage these low maintenance, eco-friendly strategies to help keep your landscape looking its best through the summer months.

Water Something to do than to water. Water thoroughly and deep and resist the temptation to water twice a day. Wait until your soil is dry to the touch and then water deeply. If your lawn and garden plants need a nutrient boost. These types of fertilizers usually have a low level of nitrogen, which results in dark green plants. Most nutrients come from garden beds, and a garden bed benefits from the “planted out of place” soil. Teachers and students can use this soil for the garden bed to prepare it for the next season.

LHS chemistry teacher LHS student Cole Wheeler says he has a car, but those students without transportation have trouble seeking information online. He said he must arrive at school early or go to a friend or family member’s house to complete online assignments. He said he must arrive at school early or go to a friend or family member’s house to complete online assignments.

Lampasas ISD coursework uses electronic technology in many ways.

**Tips offered to help the landscape survive summertime heat**

**by Penny Myers**

Penny Myers is author of two 129 page gardening books, including “How to Grow Anything” DVD series and the nationally syndicated “Melinda’s Garden Mystery” TV and radio program. Her website is www.MelindaMyers.com.

Water early in the day when possible, as late evening watering can make foliage more susceptible to disease and insect problems. Avoid evaporation by covering your plants with a row cover. This will help keep the soil moist and reduce evaporation. Avoid giving water that leaves holes. Water at a gentle rate to avoid spraying. Special to the Dispatch Record.

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