Many locally owned grocery stores offer a discount to seniors on certain days of the week. If you use a smartphone, there are also apps available that categorize discounts by age and location. 

Join a Club

Many senior discount programs are through membership organizations. AARP offers discounts to those 50 and older, a wide variety of options are available through the AARP® and AARP®@Youth (AARPYouth).com, or if you retired federal workers, the National Active Federal Employees Association (NAFEE).

Here’s an abbreviated rundown of some of the different categories, i.e., restaurant dining, retail and apparel, health and wellness, etc. 

• Restaurants: Senior discounts are common at restaurants and cafes. Some popular chains like Applebee’s, Arby’s, Burger King, and even fast-food restaurants like McDonald’s offer discounts ranging from free to discounted prices. 

• Retail and Apparel: Many stores offer discounts to senior citizens. Some examples include Target, Walmart, and Old Navy. 

• Health and Wellness: Many supermarkets offer discounts on prescription medications, travel discounts, and more.

• Travel: Many locally owned grocery stores offer a discount to seniors in the areas of restaurants, hotels, and airlines. Some examples include Budget, Thrifty, and Hertz. 

• Entertainment: Senior discounts are available for movie theaters, museums, and other cultural events. 

• Transportation: Some transportation services offer discounts to senior citizens. For example, Amtrak provides a 15% discount to seniors over 65. 

• Home Services: Many home service providers offer discounts to senior citizens. Some examples include electricians, plumbers, and other repair services.

• Technology: Many technology companies offer discounts to senior citizens. For example, Amazon offers discounts to senior citizens on its Prime membership.

Send your senior’s questions to: Savvy Senior, P.O. Box 4443, Norman, OK 73067, or visit SavvySenior.org. Jim Miller is a contributing editor, author and former Publisher and CEO of Senior Vacations, Inc. 

Dear Russ:

Many locally owned grocery stores offer a discount to seniors on certain days of the week. If you use a smartphone, there are also apps available that categorize discounts by age and location.

Join a Club

Many senior discount programs are through membership organizations. AARP offers discounts to those 50 and older, a wide variety of options are available through the AARP® and AARP®@Youth (AARPYouth).com, or if you retired federal workers, the National Active Federal Employees Association (NAFEE).

Here’s an abbreviated rundown of some of the different categories, i.e., restaurant dining, retail and apparel, health and wellness, etc.

• Restaurants: Senior discounts are common at restaurants and cafes. Some popular chains like Applebee’s, Arby’s, Burger King, and even fast-food restaurants like McDonald’s offer discounts ranging from free to discounted prices.

• Retail and Apparel: Many stores offer discounts to senior citizens. Some examples include Target, Walmart, and Old Navy.

• Health and Wellness: Many supermarkets offer discounts on prescription medications, travel discounts, and more.

• Travel: Many locally owned grocery stores offer a discount to seniors in the areas of restaurants, hotels, and airlines. Some examples include Budget, Thrifty, and Hertz.

• Entertainment: Senior discounts are available for movie theaters, museums, and other cultural events.

• Transportation: Some transportation services offer discounts to senior citizens. For example, Amtrak provides a 15% discount to seniors over 65.

• Home Services: Many home service providers offer discounts to senior citizens. Some examples include electricians, plumbers, and other repair services.

• Technology: Many technology companies offer discounts to senior citizens. For example, Amazon offers discounts to senior citizens on its Prime membership.

Send your senior’s questions to: Savvy Senior, P.O. Box 4443, Norman, OK 73067, or visit SavvySenior.org. Jim Miller is a contributing editor, author and former Publisher and CEO of Senior Vacations, Inc.